

TUCKER MILLER

High-Stakes Conversations Expert | Keynote Speaker | Author

With more than 35 years of experience spanning law, human resources, sales, consulting, and senior corporate leadership, Tucker Miller knows what happens when important conversations don't happen. An attorney, former HR executive, keynote speaker, and author of The First Four Words, Tucker has worked with C-suite executives, Fortune 500 companies, federal agencies, and organizations across industries to navigate complex leadership challenges. Her perspective is grounded in decades of experience where the stakes are real, the decisions matter, and the cost of silence can be significant.

Throughout her career, Tucker has seen how often leadership challenges come down to conversations people know they need to have but continue to avoid. Unaddressed performance issues become bigger problems. Trust erodes. Resentment grows. Talented people leave. And leaders lose credibility, not necessarily because they made the wrong decision, but because they waited too long to address what mattered.

That insight is at the heart of **Say It in Four**, Tucker's practical approach to helping leaders navigate high-stakes conversations with clarity, confidence, and humanity. Guided by her philosophy of **"Start It. Stay In It. Move It Forward"**, Tucker helps leaders move beyond the hesitation that keeps necessary conversations from happening. The first four words aren't a script or a magic solution. They're the starting point for conversations that require leaders to listen, ask better questions, stay present when things get uncomfortable, and move toward meaningful resolution.

Bringing a lawyer's instinct for asking the second and third question together with a deep understanding of human behavior and organizational dynamics, Tucker challenges leaders to replace avoidance with action and good intentions with real accountability. Her message is direct but deeply human, grounded in the belief that **being nice is a bonus, not a leadership strategy**. Strong leadership isn't about having all the right answers. It's about having the courage to start the conversations that build trust, strengthen performance, and move people forward.

CAREER HIGHLIGHTS

- **35+ years of experience** across law, human resources, sales, consulting, and corporate leadership
- **Attorney** & Former HR Executive
- Trusted Executive Advisor to **C-suite leaders**, **Fortune 500 companies**, and **Federal Agencies**
- **Author** of *The First Four Words*
- Creator of ***Say It in Four***
- **Keynote Speaker** & Leadership Thought Leader

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J. TUCKER MILLER
SPEAKER | TRUSTED ADVISOR | AUTHOR

DIGITAL REACH & IMPACT

Tucker Miller is growing a thought leadership platform around one of the most critical and often overlooked skills in leadership, the ability to have conversations that others avoid. Through her digital content, she brings clarity and practical insight to the challenges senior leaders face every day, from delivering difficult feedback and managing performance to leading former peers, challenging assumptions, and speaking up when it matters most.

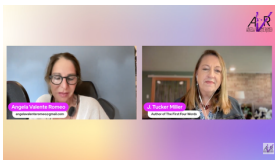
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PODCAST GUEST

Tucker Miller brings a refreshingly human perspective to leadership, communication, and workplace challenges. With practical strategies, relatable leadership scenarios, and a direct yet compassionate style, she helps listeners understand why high-stakes conversations feel so difficult, how to find the words to begin, and what it takes to move them forward.











THOUGHT LEADER & MEDIA PERSONALITY

Tucker Miller brings a powerful message to corporate stages, executive forums, and media conversations, challenging the belief that avoiding difficult conversations protects relationships or performance when, in reality, it often puts both at risk. Combining legal-minded curiosity, executive leadership insight, and a warm, approachable presence, Tucker makes complex workplace situations understandable and actionable. Her Say It in Four strategy offers audiences an immediately memorable tool for addressing performance, conduct, feedback, and support without sacrificing compassion or accountability. Whether on stage, on screen, or in the boardroom, Tucker challenges leaders to stop waiting for the perfect words and start having the conversations that move people and organizations forward.



AUTHOR OF

THE FIRST FOUR WORDS

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